



01 Oct 2026

Sun 04 Oct 2026

10:00 a.m.

**Edith Rankin Memorial United Church
World Communion Sunday**

This Week's Schedule for ERMUC Events

All events and room bookings are not on this page; please check

ERMUC's online calendar at www.ermuc.ca/event/event-calendar for more info.

Sun 04 Oct

10:00 - 11:00 a.m.	World Communion Sunday	Sanctuary
5:00 p.m.	Sunday Night Supper - please see poster in Tidings	Lower Hall

Mon 05 Oct

11:00 a.m.-12:00 p.m.	Limestone Ringers	Sanctuary
1:00 - 4:00 p.m.	ERMUC Bridge Club	Upper Room

Tues 06 Sept

12:30 - 3:00 p.m.	Still #1	Loyal Oarsman
5:30 - 9:30 p.m.	Limestone Ringers	Sanctuary

Wed 07 Oct

9:00 - 10:00 a.m.	Admin Team Meeting	Meeting Room
9:00 - 10:30 a.m.	Breakfast Brunch	Rhodes on Princess
10:00 - 11:30 a.m.	Bring Your Own Craft	Welcome Centre
11:00 a.m.-12:00 p.m.	Pastoral Care Gathering	<u>Zoom</u>
1:30 - 4:00 p.m.	U2 Forever	Welcome Ctr/Upper Room
1:30 - 3:30 p.m.	M&P Meeting	Youth Room
2:00 - 3:30 p.m.	Affirming Team	Meeting Room
7:00 - 9:00 p.m.	Tech Team Workshop	Sanctuary

Thurs 08 Oct

1:30 - 3:30 p.m.	Just Men 3	Library
2:00 - 3:30 p.m.	Mary Martha's	Welcome Centre
7:00 - 8:30 p.m.	Choir	Music Rm/Sanctuary

Fri 09 Oct

8:00 a.m. - 12:00 p.m.	Library Team	Library
10:00 - 11:30 a.m.	Wellness Walking	Wel Centre/Sanctuary



Sunday Night Suppers at Edith Rankin

You may have heard that we are initiating a new program this fall, that has come directly from a congregant's suggestion at one of the Future's Teams workshops after worship. The idea was that we as an Edith Rankin family gather at the table for Sunday Night Supper.

This may have been a tradition in your family, or maybe you have always wished it to be ... Well now is your chance! Our first Sunday Supper is coming THIS SUNDAY (I know the month of September got away from me!)

Come to Edith Rankin for supper at 5:00 ... and bring EITHER a pot-luck dish to share, OR \$20 a person.

There is no pressure to cook, we are happy to do that for you ... but just let me know if you are coming, and we will be sure to have enough food for everyone!

It is going to be a light evening of trivia fun ... and maybe a few jokes!

October 4th at 5:00 in the Lower Hall at Edith Rankin.

Are you coming?

Are you bringing \$20 per person?

OR ... Are you bringing a pot-luck dish to share?

Please reply to Michelle at her email ... rev.michelle@ermuc.ca

THANKS, BLESSINGS and HUGS!



Worship this Sunday October 4 is WORLD WIDE COMMUNION.

If you are zooming in from home, or the cottage, get yourself some bread and juice so that you can participate in communion also. If you live in assisted living and will be joining us on zoom, ask one of the staff members for some bread and juice, and I am sure that they will be happy to help.

Thanksgiving Sunday is next week, October 11th .

Come to worship ready to give thanks for all of your blessings. And remember that the church will be closed on Thanksgiving Monday so that the staff can have a day of Thanks with their families.



Renters who use the facility may choose to continue to operate their programs on Monday, but the church office and programs will have a day off.

Men's Service 25 October 2026



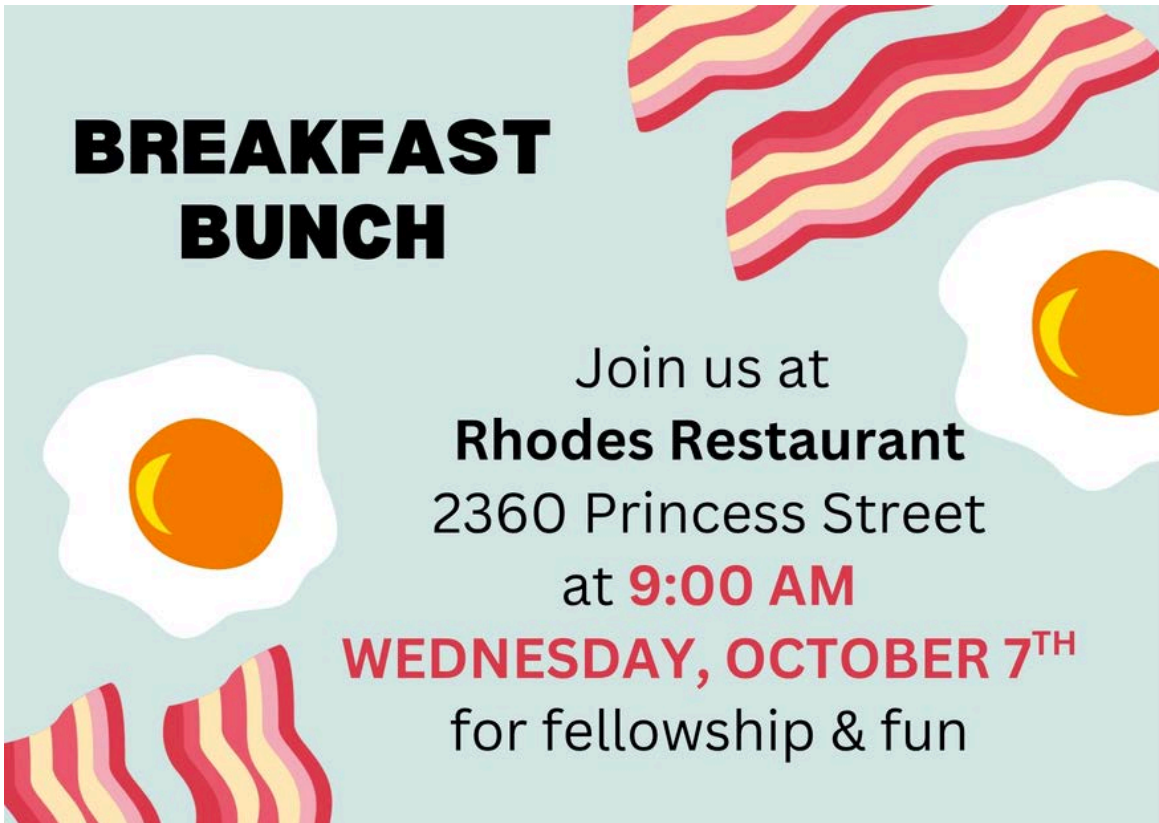
All men in the congregation are invited to sing along during the Men's Service being held at Edith Rankin on 25 October 2026.

Please contact Kim Barney or Gordon Sinclair if you are interested in participating! We hope to see you at the front of the church.

BREAKFAST BUNCH

Join us at
Rhodes Restaurant
2360 Princess Street
at **9:00 AM**

WEDNESDAY, OCTOBER 7TH
for fellowship & fun



Mission & Service Challenge



Northern Indigenous communities are still experiencing hardships through relocation and environmental issues.

Gather your toonies and FILL A BOTTLE to alleviate the costs and help them rebuild.

E-transfers, cash, cheques or pill bottles clearly marked 'Food for the North' are to be dropped off at your church office. Please include your name and address for tax purposes.

Thank you for thinking of our Friends in the North.

Please contact Marilyn Rodger for more information at marilynrodger@aol.com



Referenced from United Church Gifts for Vision catalogue.

Caring Connections

Pastoral Care Reflections & Updates from Alanna

A few weeks ago, I was sitting in our swimspa with a friend when a small dragonfly landed on the surface of the water. I quickly realized that it was struggling, so I grabbed a pool noodle and scooped it out.

Its wings were waterlogged and slightly bent. I gently tried to straighten them, lifting them away from the pool noodle and blowing softly across them. After a while, it seemed to perk up. It moved its legs and even appeared to be trying to move its wings. I held it in the gentle breeze for a while, hoping it was getting stronger.

When it was time to get out of the spa, I carefully moved the dragonfly to a protected post where it could continue to dry off. I left it there, hopeful that by morning it would be on its way.

Sadly, it wasn't. The next morning, I discovered that the dragonfly had died.

I was surprisingly sad about this tiny creature. I had really tried to help. I was disappointed that my efforts hadn't been enough.

Unfortunately, this is something we experience when we care for others. We visit someone who is lonely or sit with someone who is grieving. We worry about a friend or family member facing something we cannot fix. We often offer a listening ear, a helping hand, a meal, a prayer, our presence.

But then, despite everything we do, things don't turn out the way we hope.

It can be tempting to look at the outcome and think we didn't do enough. But the



HOW TO CONTACT ALANNA:

PASTORALCARE@ERMUC.CA • 613-389-2530 X 102



dragonfly serves as a reminder to me that the outcome doesn't determine the value of the care.

I am sad that the dragonfly died, but I couldn't change that outcome. For a little while, though, it wasn't alone. It had been noticed. I had stopped to help. I had handled it gently and tried to give it a chance.

That's all I could do and it was enough.

The dragonfly didn't fail because it died. And I didn't fail because I couldn't save it.

We cannot always heal, fix, rescue, or change the outcome. Sometimes all we can do is respond with love and tenderness and then let go.

At the end of the day, our caring is not measured by our success in fixing things. What really matters is that we show up in love and show our care through small acts of kindness and our gift of presence. And that is really the best gift of all.



Some Upcoming Pastoral Care Activities:

Wellness Walking every Friday at 10:00 AM. Everyone is invited to join in the fun for a bit of exercise walking around the sanctuary with friends new and old, unhindered by the elements. Afterwards, stay to enjoy some social time together.

Breakfast Bunch: Join this lively group at Rhodes Restaurant at **9:00 am** on the first Wednesday of every month for breakfast and conversation. **Our next gathering will be on Wednesday, October 7th 2026.**

Care & Share: The next Care & Share Lunch will be held on **Tuesday, October 20th at 12:30pm** in the Welcome Centre. Keep an eye on Tidings in the next couple of weeks to see what our theme will be for October and when the sign-up sheet will be available. Once it is, please let us know if you intend to come so we can be sure to have enough food for everyone!



Happy Birthday to You!

Betty Campbell	09 October
Don Douglas	18 October
Bill Coupland	18 October
Shirley Edmunds	22 October
Faye Trimble	29 October



**Join us for
Wellness Walking
every Friday
at 10:00 AM**

**Walk in the
Sanctuary & stay
for social time in the
Welcome Centre afterwards**



*East Central Ontario Region UCW
invites you to...*



Midweek 2026

WEDNESDAY NOV 4TH, 2026



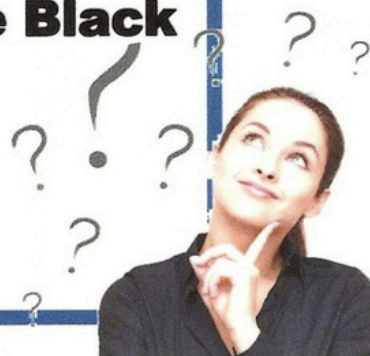
**Northminster United Church,
300 Sunset Blvd, Peterborough**

9:00 Registration

9:45 Gathering

Guest Speaker – Rev. Kristiane Black

“Wondering as We Wander”



COST FOR THE DAY: \$30

INCLUDES REGISTRATION & NOON MEAL

****** Deadline to register is October 26th 2026 ******

Register with e-form online at

<https://forms.gle/Dqugy6AgwSTHMMzbA>

or fill registration form and mail to

Linda Unrau, 570 Naish Dr, Peterboro, K9H 0E4

ShiningWatersUCWpres@gmail.com 705-957-9650

Refunds are not possible after the Oct. 26th deadline.